

## JOBST Compriz lite arm application



### Equipment

Set up with the required equipment (foam is optional to protect bony prominences).

Always include the fingers for an upper limb application. Skin care and wound care first (if applicable).



### Fingers

Loose anchor at wrist and then wrap towards the thumb starting distally then going to the proximal base of the thumb.

*Finger bandage - Handy Gauze Cohesive 2.5cm*



3. Wrap towards the thenar eminence rather than "around the wrist".



4. Continue with each finger until each has been individually bandaged.



5. Finish with "Opera House" pattern.



### Padding

Measure where to cut thumb hole.



7. Tuck thumb away first for safety by making a fist and cut a small hole.



8. Slip the thumb through the opening of the padding. After padding the dorsum of hand, continue to pad the wrist before moving up the limb.



9. 50% overlap up the limb. The area should not be "see through".



10. Trim excess.



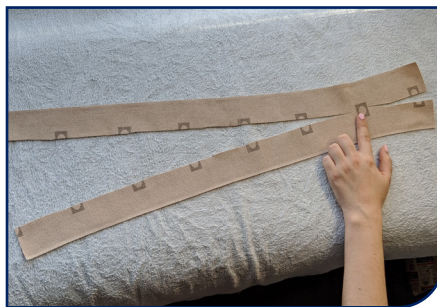
**Foam**  
Trim edges



12. Apply foam as an option to ensure protection of the thumb web space.



**Compression layer hand**  
Cut a piece of the compression layer that is approximately 8 squares long. Cut to one square from one end.



14. Cut from the opposite other end leave a 2cm region uncut.



15. Drape over the hand. Apply the first "strap" over the dorsum of the hand.



16. Drape and apply the more distal strap first, followed by the more proximal strap second.



17. Use the second strap over the dorsum and the thenar eminence area. Wrap in a figure 8 pattern to encompass the base of the thumb.



18. Once the hand has been encompassed, continue up to the wrist.



<b>JOBST® Compriz</b>			
REF No.	Compression Level	Size	QTY
76271-00	Regular 40mmHg	18cm-25cm	1 Kit
76271-01	Regular 40mmHg	25cm-32cm	1 Kit
76271-02	LITE 30mmHg	18cm-25cm	1 Kit
76271-03	LITE 30mmHg	25cm-32cm	1 Kit
<b>Handy Gauze Cohesive</b>			
92557-00	-	size 2.5cm	2 Rolls



19. Apply a second layer to ensure optimal stiffness is created over the dorsum of the hand.



20. The individual length should be able to complete two rotations around the hand.



**Compression layer arm**  
Overlap hand compression with a loose anchor. Compress up the limb.



22. To achieve correct pressure, pull from oval to square on the pressure indicator.



23. Maintain the correct tension during application to ensure even compression.



24. Elbow pad- is optional



25. Optional Elbow pad - is recommended especially for the first application.



26. Finish two fingers from the axillary fold



27. Test function and comfort and provide safety warnings.



JOBST®, an Essity brand

ESS0245 08/2020

**BSN medical Australia & New Zealand**  
an Essity company  
L6, 211 Wellington Road,  
Mulgrave, Victoria Australia 3170  
PO Box 337, Mount Waverley, Victoria 3149

**JOBST® Customer Service Australia**  
T 1300 998 810 F 1300 998 820  
www.bsnmedical.com.au  
**JOBST® Customer Service New Zealand**  
T 0508 998 810 F 0508 998 820  
www.bsnmedical.co.nz