



Comprilan®

Application Techniques



Comprilan®		
REF No.	Size	Quantity
01026-00	6cm x 2.6m	Box/1 Roll
01027-00	8cm x 2.6m	Box/1 Roll
01028-00	10cm x 2.6m	Box/1 Roll
01029-00	12cm x 2.6m	Box/1 Roll



1 Apply undercast padding from the base of toes to tibial plateau in a spiral configuration. The layers assist in absorbing exudate and to correct any distortions of the natural contours of the leg.



2 Commence bandaging at the base of the toes, working from inside to outside, with the barrel of the bandage facing upwards.



3 Keep the tail of the bandage short and apply firmly over the dorsum of the foot maintaining an even tension without overstretching.



4 Bandage twice around the foot.



5 Wind bandage over top of foot, cover outside ankle, inside ankle and return back over top of foot and wind under heel.



6 Instructions as per step 5.



7 Wrap bandage around inside ankle to outside ankle joint. Ensure heel flap from first bandage is covered.



8 Continue to wind bandage in a spiral configuration to base of the tibial plateau or two finger width below the knee.



9 The bandage is applied in a spiral configuration with a 50% stretch and 50% overlap.



10 Secure bandage with clips or tape e.g. Leukopor® or Leukoplast®. Any excess bandage is placed down the leg without compression.

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